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Dr Al Fowler
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Dear Dr Fowler:

Following a personal trial of N-A-G, I should like to give this unsolicited testimonial in support of what I feel sure is an important aid in the treatment of food sensitivities.

For many years I have suffered from a variety of food sensitivities. Reactions have sometimes been dramatic, and even put me in the Emergency Department at VGH. The sensitivities started with orange juice, but subsequently included meat, milk products, corn, etc. I have been able to control them, for the most part, by adhering closely to a rotation of dietary components every four days and refraining from eating in restaurants. Gradually, my symptoms abated but I still had episodes of pain and discomfort that I attributed to dietary causes. In November, 1990, I received a trial supply of N-A-G, taking it with me on a trip to California, Texas, and Florida. Whereas, normally, I should have expected at least some problems on such a trip, I experienced none. Since then, I have been much less troubled by symptoms, and these have quickly abated whenever I took N-A-G.

Because of the variability of my response to food, it has taken some months to evaluate the effect of N-A-G, but I am sure it helps. A few days ago, my daughter, who has similar problems, had persistent pain following orange juice; this responded quickly to the N-A-G I gave her.

This is, of course, purely "anecdotal evidence", but most trials start that way. The whole problem of food sensitivities has received rather scant attention from medical science but is, I am sure, wide-spread and may constitute the largest market for N-A-G. Suitably designed double-blind studies would not be difficult to set up, and could be inexpensive to administer to volunteers. Regulatory problems should be minimal for a product that is already freely available to the general public.

Yours sincerely,



Gordon E. Dower MD FACC